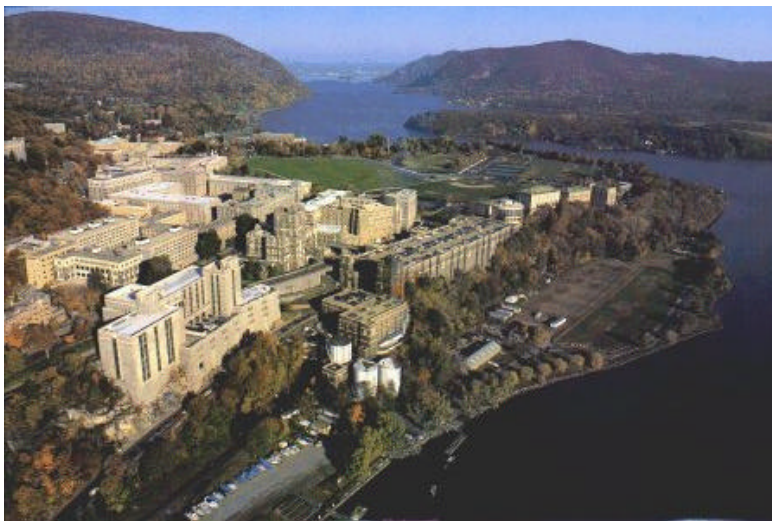


Cadet Field Training (CFT) – West Point
List of Common Tasks Conducted

- Adjust Direct and Indirect Fire
- Enforce Detection Prevention Measures
- Conduct a Defense using a Squad Sized Unit
- Process Captives
- Navigate from One Point on the Ground to Another (Dismounted- Day & Night)
- Request Medical Evacuation
- Employ an M18A1 Claymore Mine
- Operate an M60 Machine Gun
- Prepare an M60 Range Card
- Maintain an M60 Machine Gun
- Communicate by Tactical Radio
- Process Captured Materials
- Control Entry into a Restricted Area
- Conduct a Risk Assessment
- Report Casualties
- Conduct Movement Techniques by Squad
- Complete the Water Obstacle Course (RECONDO)
- Night Land Navigation
- Poncho Raft Construction / Swim
- Put M240 Machine Gun in Action
- Operate M249 SAW
- Engage Targets with M249 SAW
- Maintain M249 SAW
- Engage Targets with M136 AT-4
- Perform Misfire Procedures with M136 AT-4
- Prepare M136 AT-4 for firing
- Restore M136 AT-4 to Carrying Configuration
- Perform Functions Check on M203 Grenade Launcher
- Load M203 Grenade Launcher
- Unload M203 Grenade Launcher
- Correct Malfunctions on M203 Grenade Launcher
- Engage Targets with M203 Grenade Launcher
- Law of Land Warfare Training

Information Sheet for ROTC Cadets attending Cadet Field Training (CFT) at West Point

Bottom Line: There is no better training opportunity available to prepare you for success at NALC !!!!



Background:

The purpose of Cadet Field Training (CFT) is to train the West Point 3rd Class cadets (ie. entering sophomore year) in individual and collective small unit skills and to prepare them to serve as leaders in the West Point Corps of Cadets. **NOTE: CFT is not the same as Cadet Basic Training (CBT).** WP cadets at CFT **have already completed their Plebe year and are treated in an adult manner.** You will be treated the same. The goal is to completely integrate the ROTC cadets into their respective platoons.

CFT is an 8-week program of instruction that provides training and instruction in the following areas:

- Military Training (e.g. rifle marksmanship, communications, combat skills, CCT skills, etc.)
- Physical Training (e.g. PT, APFT, etc.)
- Moral, Ethical, Professional Development (e.g. honor instruction, leadership)

The CFT Regiment is organized into 8 companies with 4 platoons each. Each summer, approximately 32 ROTC cadets take part in the training. They are evenly distributed among the West Point cadets at the rate of about 1 per platoon.

Location:

Most training for CFT takes place at (or around) Camp Buckner, which is located on the West Point Military Reservation approx. 6 miles west of the main post area. Cadets will also travel to Ft. Knox, KY for a 7-day period in the latter half of training to conduct Mounted Maneuver Training (MMT).



Arrival @ West Point:

Arrive on the date specified in CCIMS.

Cadets may travel to West Point via car or air.

- Arrival by Car: Upon arriving at WP, report into the Central Guard Room (CGR) located at 745 Brewerton Rd, Washington Hall NLT 1600 hrs. Any WP cadet can direct you to CGR if you are having problems. **NOTE: Cadets may not drive and store their POV while training at WP for CFT.** You must have someone drop you off.
- Arrival by Air: Cadets should make reservations to arrive at either Newburgh or Newark Airports. Notify the ROTC Cadet Command LNO in advance and you will be picked at the airport upon your arrival. At the airport, look for personnel in BDUs. They will attempt to meet you at the baggage claim area for your respective flight. **NOTE: Avoid travel into either LaGuardia or JFK Airports – you will not be picked up from there.** If you arrive at either of those airports, you are responsible for arranging your own travel to WP (most likely an airport limo at an approx. cost of \$75).

Cadets will spend the initial two days on the main post of West Point (campus area) living in the WP Summer Garrison Regiment Barracks. During that time, cadets will:

- Receive a guided tour of the WP main campus area covering much of the history and monuments.
- Receive a welcome briefing from various WP senior leaders.
- Have an opportunity to visit the PX / Commissary to gather up last minute items needed for the summer's training. NOTE: Once you travel to Camp Buckner, there will be very limited opportunities to visit these facilities again.
- Meals will be eaten in the main WP mess hall.
- Have the opportunity to meet fellow cadets from schools from across the country. NOTE: Your opportunities to meet fellow ROTC cadets are limited once you arrive at Camp Buckner and are integrated into your summer platoons.

On the morning of day 3, cadets will travel to Camp Buckner where they will break down into the platoons they will spend the summer with.

Billeting:

At Camp Buckner, cadets will live in long, metal, platoon-size open bay barracks. Each cadet will have a bed and a wall locker. Female and Male areas are separated by a wall.



Messing:

During CFT, most meals will be eaten in the Cadet Mess Hall. While in the field, cadets will eat a mix of hot rations and MRE's.



Hygiene:

- Showers and toilets are located in the barracks.
- Haircuts are provided to cadets at no cost.
- Laundry: Cadets will be able to send laundry out for free IAW normal WP laundry procedures. WP cadets will be able to show you how to do it upon arrival. You will be issued mesh laundry bags for this purpose. NOTE: If you want to do your own laundry, there are limited washers / dryers at Camp Buckner for your use.

Uniform: See Packing List at End of this Document

- Normal duty uniform while at WP is BDU's with patrol cap and a 2-Qt Canteen (will be issued). ROTC rank is not worn.
- DO NOT bring your Class A uniform.
- Upon arrival at Camp Buckner, cadets will receive a full OCIE issue of field training equipment. These items will be cleaned and returned at the conclusion of training.
- Cadets will be issued 5 WP style PT shirts and 4 pairs of Army PT shorts at the beginning of training. These items (along with the laundry bags) are yours to keep at the conclusion of the training.
- **BRING ONLY LIGHTWEIGHT BDUs.** In the summer of 2003, heat category IV was reached on numerous occasions. There were many heat related problems (incl. One WP cadet that suffered heat stroke). Bottom line: Cadets will stay hot and very wet (humidity & numerous streams / swamps). It becomes a safety issue if cadets arrive with anything other than lightweight BDUs.
- **Boots:** Bring broken in pairs of boots. The West Point military reservation is composed of very rugged terrain. During Land Nav and other events, you will be spending the vast majority of your time moving up and down steep, mountainous terrain. You will quickly become combat ineffective if you start breaking in your boots after you arrive. Additionally, at least one pair of your boots **must be all leather**. All-leather boots are required to fire live rounds from inside tanks.

- Other Uniform tips:
 - o Bring running socks that reach up to at least the calves. WP places great emphasis on uniformity and low-cut running socks are not authorized.
 - o Each cadet should bring a black swimsuit. Camp Buckner is located on Lake Popolopen. There is a swimming area and numerous water related activities. Female cadets should bring a one-piece black swimsuit.
 - o Civilian clothes: There are very few opportunities to wear civilian clothes while participating in CFT. Cadets that attended in 2003 recommend only bringing 3 pairs at most. Civilian clothes should also be conservative in nature.
 - o 2003 cadets recommend purchasing a "Camo Compact" for use during CFT. The camo is easier to apply and remove.
 - o Camelbacks (black or dark OD Green only) are authorized and recommended for cadets at CFT.

Training:

The 55 days you will spend at CFT are intensive and field oriented. Please see the attached training matrix that shows what each company trained on day by day during the CFT cycle. Highlights include:

- **PT: You will take an APFT on the day after you arrive at Camp Buckner.** Be prepared. You will conduct company level PT on most days while at CFT (unless you are heading to/ or in the field that day). Additionally, you will learn Close Quarters Battle (CQB) fighting techniques as well as bayonet fighting skills.



- Land Navigation training: You will receive intensive training in dismounted land navigation. You will also have numerous opportunities to test your skills (day and night exams, Advanced Land Nav, etc). Anyone that fails a Land Nav test will have the opportunity to retest...repeatedly!



- Marksmanship: You will qualify with the M16A2 rifle and be introduced to instinctive firing techniques.
- Weapon's Familiarization: During the course of the summer, you will be introduced to / and fire virtually every common weapon in the US Army's inventory from the M16A2 Rifle to the M1A2 SEP Main Battle Tank.



- Branch Familiarization: During the summer, there are days devoted to introducing the various branches of the Army. Additionally, certain evenings are set aside to allow for branch orientation. During Branch Orientation, you will have the opportunity to ask questions of officers from the various branches.
- RECONDO: During CFT, ROTC cadets will have the opportunity to compete for the West Point RECONDO badge. During CFT 2003, 27.2% of the cadets (WP and ROTC) received RECONDO. 8 ROTC cadets were awarded the badge.



- Operation Highland Warrior (OHW): Near the end of CFT, your company / platoon will conduct this 13-day infantry FTX. The first portion will be rehearsals and lane training. The second half will be a JRTC type exercise (w/ MILES) in which you will take part in the following missions:

- Air Insertion (helicopter)
- Defend
- Raid
- Movement to Contact
- Squad Live Fire



- Mounted Maneuver Training (MMT): This training takes place at Ft. Knox (you will bus there and back). While there, you will take part in the following activities:
 - Train in tank simulators (as gunner and driver)
 - Live fire an M1A2 SEP Tank
 - Conduct company size force on force MILES exercise in the various armored / mech infantry weapon systems (tanks, Bradley IFV, etc)
 - Intro to Cavalry weapon systems (to incl. Live fires)
 - Intro to Air Defense Artillery weapon systems
 - Field Artillery: Call for / adjust indirect fire AND live-fire artillery
 - Observe CALFEX: you will observe a Combined Arms Live Fire Exercise (CALFEX) which will demonstrate the devastating

firepower of the combined arms team. Weapons that participated in the 2003 iteration included:

- OH-58D Kiowa Warrior (Scout Helicopter)
- Avenger (ADA system)
- M6 Linebacker (ADA system)
- MK-19 (Automatic Grenade Launcher)
- M2HB (Machine Gun)
- M136 AT-4 (anti- tank missile)
- M3A2 Bradley (Cavalry Fighting Vehicle) w/ dismounted infantry squad
- M270 MLRS (Multiple Rocket Launch System)
- M109A6 Paladin (Self Propelled Howitzer)
- M1A@ SEP (Main Battle Tank) x 8

Departing West Point:

At the conclusion of CFT, cadets will conduct a 6-mile run back into the main post area. After the run, the ROTC cadets will revert to the control of the ROTC LNO. They will then be billeted (most for overnight) and transported to their various airports for departure. If cadets are departing by car, they can leave anytime after the completion of the run. Departure rules for airports are the same as for arrivals.



Other Helpful Hints:

- There are no ATM facilities at Camp Buckner. If you have a checkbook, BRING IT. ATMs are available on WP main post. However, it is very difficult to obtain transportation there and back. There is very little to buy at CFT. But, you want to keep some cash on hand for the snack bar and cadet store.

- Each cadet must bring at least one check to CFT. If you are missing equipment at the time of turn-in, you can only pay via check.
- Mail: Each ROTC cadet will receive a mailbox upon arrival at Camp Buckner. Cadets should call back to their schools to advise them of their address after they receive it.
- Cell phones: Cell phones are permitted at CFT. However, coverage is weak in the Camp Buckner area. There is one hill that cadets congregate on that seems to have good coverage for outgoing calls.
- Recommend cadets not bring laptop computers to CFT. Most companies require computers to be stored in company arms rooms making them very inconvenient for use.
- Cameras: 2003 cadets highly recommend bringing cameras to CFT. There are numerous opportunities for hooah pictures.
- Religious Services: Religious services are available throughout CFT.
- Visitors at Camp Buckner: Generally, cadets are authorized visitors on Sundays during CFT. However, many Sundays are filled with training. Cadets should review their training schedule at the beginning of CFT to determine which Sundays will be open. Additionally, most cadets will be allowed visitors on July 4th (subject again to company training plans). NOTE: Cadets are not allowed to depart Camp Buckner with visitors.
- Visitors at Ft. Knox: Cadets arrive at Ft. Knox, KY at approximately 0800 in the morning. The remainder of the day is free time (recovery from 18 hr. bus trip). Many parents / friends from the surrounding area use this opportunity to visit cadets. Look at the training matrix to schedule this in advance. Visitors can also attend the CALFEX the following day and observe the impressive display of firepower (see above).

BOTTOM LINE: CFT is a unique, outstanding training opportunity for any ROTC cadet. There is simply no better training opportunity available for preparing a cadet for success at NALC. Additionally, each ROTC cadet that attends will initiate many close friendships that they will maintain throughout their careers in the Army and beyond.

For Those Desiring More Information:

If ROTC cadets wish to receive additional information regarding CFT at West Point, they can contact any of the following CFT 2003 ROTC cadets (note: all of the cadets listed volunteered their names as POCs):

Stephanie Anderson	West Virginia St. College	gscranner@yahoo.com
Scott Bishop	Gannon University	sbisho39@mercyhurst.edu
Ian Bloomsburg	U of Idaho	xyonne@netscape.net
Jon Brantingham	Furman University	jon.brantingham@furman.edu
Stephanie Bunker	Colorado St. U.	lilsnowes@aol.com
Megan Cribbs	Indiana U of PA	megan2283@hotmail.com
Mark Ehlers	James Madison U.	ehlersmf@jmu.edu
Rakesh Ganeriwala	Virginia Tech	raganeri@vt.edu
Adrian Gold	Prairie View A&M U.	Agold_01@yahoo.com
Seth Gould	Furman University	seth.gould@furman.edu
William Hennessy	U of South Alabama	hennessyktm@yahoo.com
Abby Horvath	Slippery Rock University	axh2616@sru.edu
Matt Peyer	Illinois State U.	mdpeyer@ilstu.edu
Kristen Preczewski	Wake Forest U.	preckl2@wfu.edu
Libby Rybacki	Georgia Tech	gtg610g@mail.gatech.edu
Nate Swann	Middle Tenn. St U.	raiderswann@hotmail.com
Henry Tang	UCLA	zendredi@ucla.edu

CFT PACKING LIST

15 Aug 03

REQUIRED

BDUs (Light-Weight Only) x 5 sets

- w/ name tape and US Army sewn on

Brown T-Shirts x 8

Underwear x 8 pairs

Sports Brassieres x 8 (FEMALE cadets only)

BDU Belt x 2

Cap, BDU x 2

Socks (OD Green or Black) x 8 pairs

Socks (White Athletic – must reach to calf) x 6 pairs

Boots, Army Issue type x 2

- Boots should be broken in
- Jungle boots are authorized
- At least one pair of boots must be all leather – required to fire live rounds out of tanks

PT Shirt, Summer (SS) x 2*

PT Shorts, Army x 1*

- *(NOTE: Upon arrival, cadets will be issued 4 complete sets – SS Shirts & shorts - of the USMA Summer PT uniform)*

Running Shoes x 1 pair

Swimsuit x 1 (black)

- Females must wear conservative one-piece

Towels x 3

Washcloths x 3

Shower shoes x 1

Toilet Articles w/ kit

Boot polishing equipment

ID Tags x 1 set

Eyeglasses x 2 pair (if needed – contacts should be avoided in field)

Wristwatch x 1

Locks x 2 (for wall lockers)

Duffle Bags x 2

Pen / Pencil w/ notepad

Checks (no ATMs available at CFT site)

Civilian Clothes – 3 sets should be sufficient for entire CFT

***** DO NOT BRING CLASS A UNIFORM – It's not needed*****

CFT PACKING LIST

RECOMMENDED (by cadets attending in 2003) **NOTE: These Items are not required – but are nice to have**

Army PT Jacket

Small Backpack (black preferred)

Camel Back (black or Dark OD Green)

Poncho Liner

Camo Compact

Tactical Mirror

Gloves, Nomex type

Poly Pro Long Underwear

Helmet Pad (donut ring for inside Kevlar helmet)

Bungee Cords x 6

550 Parachute cord

Electrical Tape

Ziploc Bags

Waterproof Sleeping Bag

Mosquito Net

Pocket Knife (Swiss Army or Leatherman)

Gore Tex Jacket

Baby Wipes

Laundry Detergent

Ranger Handbook (SH 21-76)

FM 7-8

Reading Material (for down time)

Portable Music Player w/ Headset (CD's, MP3 or Tapes) – useful on long bus trips

Cell Phone (though coverage is limited in CFT)